

Looking back on my life sometimes it is hard to believe some of the paths I have chosen and where I have come from. I am a twenty-four year old female who has just recently in the past few years gotten my life back. It has taken me a long time to pull my life together and during my teenage years and early twenties it could definitely be said that I was going down the wrong path. I made a lot of poor choices and even though I did not set out with the intentions of becoming a drug addict that is what eventually happened. I feel like it is something that snuck up on me and before I knew it my life was completely out of control. When I had absolutely nowhere else to turn I entered the Right Step although I was not even sure that I was ready to try to get sober. I entered the Right Step a little over three years ago and it was by far the best decision I have ever made. It is because of the Right Step and the people who work there that I am sober today and have been given my life back. Looking back on the person I was I now realize that I was not even living life and I was missing out on the things that make life so enjoyable. I am now graduating college with my bachelor's degree and I am about to start working towards a graduate degree. I have held a steady job for the past three years which I enjoy going to, and I actually have hobbies now. I ride horses and compete in rodeos all across the country and have sponsors. Being able to compete professionally in rodeos is something that I thought would never happen to me. It is unbelievable what can be accomplished when you are sober. One of the best things about being sober is that I have meaningful relationships now with my family and friends, and I know what it feels like to have their trust which is something I never had before. It is amazing what can be accomplished when you are sober and addiction no longer controls everything about you. I can honestly say that the Right Step not only saved my life but it also taught me how to live it the way it was supposed to be lived, sober.